Healthcare Strategy & Management

HCMG 213-001
Fall 2019

Instructor

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Class Time / Location

Time: Monday / Wednesday 12:00-1:20 p.m.
Location: Colonial Penn Center Auditorium, 3641 Locust Walk
Teaching Assistants Monica Adibe (adibe@wharton.upenn.edu)
Alex Halikias (ahali@wharton.upenn.edu)

Overview of Course

This course examines how firms pursue and (occasionally) achieve competitive advantage in the midst of government oversight, unpredictable legislative and regulatory shifts, massive technological change, counter-measures taken by competitors, and a host of economic, social, and political challenges. The achievement of competitive advantage rests not only on the pursuit of well-crafted strategies but also on the successful execution of those strategies. That is why the course is entitled “strategy & management.” Strategic vision without managerial implementation is mere hallucination.

At the same time, this course focuses on strategy and management in the healthcare industry. As you will soon discover, this industry is unlike any other (in many ways). Much of what you may have learned about corporate strategy in the management department and about micro economic theory does not necessarily apply to, work in, or work the same way in the healthcare industry. For example, the government represents a near majority of spending overall, customers rarely directly pay for services, quality is difficult to observe, information is not commonly held across market participants, and value is often best provided by a coordinated set of economic actors that face different incentives. This necessitates an early consideration of the complex workings of the healthcare industry and its differences compared to other industries.

In 2017, the U.S. healthcare “industry” accounted for approximately 18 percent of GDP. This economic activity involves a diverse set of sectors with a mix of public, nonprofit, and for-
profit buyers and sellers. These **healthcare sectors** include: hospitals, physicians, integrated delivery networks (IDNs) that combine hospitals with physicians, pharmacies, insurers, pharmacy benefit managers, employers, pharmaceutical firms, medical device firms, biotechnology firms, etc. Many firms in the health industry are non-profit organizations whose explicit goal is to maximize social value while competing directly with for-profit firms. Firms operating in the U.S. healthcare industry face challenges and environments that at times require sector-specific strategies. Thus, the strategy that works in one sector may not work in another. These features (and many others) make developing and maintaining profit maximizing strategies quite difficult.

The course will examine some of the revolutionary strategies that have been pursued in the healthcare industry starting in the 1960s and still pursued today. These strategies include: **horizontal integration** into chains, **vertical integration** into upstream and downstream markets, **diversification** into quasi-related businesses, **strategic alliances** with a variety of firms, and **disruption/disintermediation**. Each of these strategies involves some effort to re-draw the “boundaries of the firm” - i.e., what activities lie inside the firm’s purview, and what activities are left to the market outside.

Student teams will form to address specific strategies that involve how these boundaries are drawn in any of the sectors in the healthcare industry listed above. Such topics might include:

- Horizontal integration
- Vertical integration
- Diversification
- Strategic alliances
- Disruption / Disintermediation

The aim of the course is to prepare you for a host of employment opportunities in consulting, managerial, strategic, and investment areas across healthcare sectors.

**Course Requirements**

**Two (2) Case Analyses.** Students will individually prepare a 2-page analysis of two different cases (marked with a ** in the syllabus). The cases are found on Study.Net. The questions to be addressed are found in the syllabus. Case writeups need to conform to the following specifications: two pages maximum (an additional page containing footnotes/references is OK, but is not necessary), 12-point font, one-inch margins. Case analyses are due BEFORE class begins on that date. No case writeups submitted after the class begins will be accepted.

You may pick any two of these cases (starred ** in syllabus)
• ThedaCare System Strategy  Hospital   9/25
• Allina Medical Group  Physican/IDN  10/16
• Humana Inc.  Insurer  10/21
• Medtronic  Medical Device  11/11
• Pitney Bowes – Employer Health Strategy  Employer  11/18

**Team Project.** Students will form 3-4 person teams to conduct their course project. The teams will make 15-20 minute presentations on their topic during the last couple of weeks in the course. In addition to the class presentation, teams must hand in a 10-page written version. All papers are due on the last day of class.

The vision for these projects is that you and your team develop deep expertise on both (a) a specific strategy and (b) a specific sector of healthcare. Thus, you might analyze horizontal mergers of drug companies, vertical integration of hospitals with post-acute care providers, diversification by insurers into new lines of business, or strategic alliances between pharmaceutical and biotechnology companies. These can be cases of individual firms or, more broadly, trends observed in a given sector.

After identifying the strategy and sector you wish to study, your team should stake out a position regarding the wisdom and chances of success, and present evidence/research supporting your position. You should also discuss possible negative perspectives on the strategy pursued and why you believe they are not fatal. Interviews with individuals knowledgeable about the topic are strongly encouraged. Evidence in the report should be duly footnoted (endnotes).

Student teams need to form, identify their topic, and notify me of such **by September 23rd.** Within one week, I will inform each team about the appropriateness of their topic (strategy & sector). I will then meet with each team during the week from 10/10 – 10/17 to to coach them on their project. Student teams are responsible for signing up to meet with me.

**Final exam.** There will be a final examination during exam week covering topics and concepts from the entire course, as well as the student project presentations. Most likely, the exam will also include questions regarding a case that is handed out ahead of the exam period.

**Class Participation.** Your participation will be graded on quality, not volume. You should provide insights, observations, inferences, or conclusions that not only express your viewpoint, but also defend your analysis. Your comment should be relevant to the topic at hand, and should advance the discussion. A simple opinion or viewpoint is not very valuable without any justification. I value comments that respond to, elaborate on, lend support to, contradict, or correct a comment by one of your classmates. Counter-productive comments include opinions without a justifying argument, pure repetition of previous point, and rambling, vacuous or disparaging comments. In order to assist in preparation for
discuss each session I have listed some discussion questions in the syllabus for that day.

Discussion constitutes a large portion of our class time; you will have ample opportunity to participate. I will cold call in class, both to give you an incentive to prepare for class, and to make sure the class discussion does not collapse to a handful of students.

Participation also includes attendance. Learning to articulate your arguments and to evaluate and respond to the arguments of others is an important part of what you will learn in this class. If you miss class, you will miss this, and there isn’t a way to “make it up.” In addition, your participation in class is a key component of the learning for all students, and therefore missing class creates a negative externality. Similarly, entering the class late is disruptive and creates a negative externality for your classmates. As a result, you should make every effort not to miss or be late to your class section. If you miss your class section or are late to your section more than twice, it will begin to lower your class participation grade. Excessive absences will affect your final grade. Attendance will be assessed using electronic class sign-in.

Class attendance forms part of your class participation grade. Attendance will be assessed electronically using the Wharton app. You will need to “check in” when you arrive in the classroom, and will have 30 minutes to do so from the start of class. Remote check-in is unethical and, if detected, will result in referral to the Wharton committee.

Instructions for using the Wharton Connect App

THE WHARTON CONNECT APP

- Attendance Feature
  - A tool to take attendance
  - “Check-In” opens ten minutes before class & closes at the end of the class
  - Students who check in late and those who do not check in at all will be marked “absent”
  - If you have any trouble contact or visit Student Support
Seating chart will be used and observed throughout the course. Your seat on Day #1 is your seat for the semester.

Grading

Grades will be based on a mixture of two case analyses (15% each, 30% total), the final exam (20%), the team project (30% total), and classroom attendance/participation (20%).

Required Readings

Reading assignments for the course will be taken from Robert Grant, Contemporary Strategy Analysis (Tenth Edition, 2019), which is available from the Penn Bookstore. The remainder of the readings will be found in three different places on Canvas. You can access Canvas directly through the following link: https://canvas.upenn.edu. You will need
your Wharton ID and password to log in. The bolded text in each of the bullet points below corresponds to a tab on the course navigation. So, you should go to "Files" to access slide decks, notes, assignment instructions, syllabi, and other instructor-provided resources, for example.

- **Files:** Slide decks, notes, assignment instructions, syllabi, and other instructor-provided resources (readings marked **F**)
- **Course Materials @ Penn Libraries:** Newspaper and journal articles, book chapters, and videos placed on electronic course reserves and provided through Penn Libraries. Providing materials through electronic course reserves helps to reduce costs for students. (readings marked **L**)
- **Study.Net Materials:** Copyright-protected case studies, book chapters, and simulations. (readings marked **S**)

## Conduct of the Course

The course combines overview lectures on strategy and management by the professor, case discussions, and (most typically) question-and-answer between the professor and the class on applied topics in healthcare. Because the aim of the course is develop your own critical and analytical thinking, you should spend much of your time preparing for and engaging in class discussion. These include not only the assigned cases but also examples of firms that are currently engaging in the strategies discussed during the course. That means that it is important to consult news publications to find out what is going on and why.

We expose you to a variety of healthcare sectors using a range of cases. Each student will submit a written analysis of two of these cases. Regardless of whether you are submitting a written analysis, however, you NEED to read the case and come to class prepared to address the case discussion questions found in the syllabus.

Preparing for a case discussion means more than just reading the case. Each case assignment will include several preparation questions. I suggest reviewing the questions before reading the case. Cases tend not to have a single, tidy solution. However, there are always better and worse answers, and valid and invalid inferences. Cases never contain all the information you would like to have to make a decision—in this way, they are very much like real life. You may find it frustrating to be pushed to make a decision or take a stand when you are not sure whether it is the right one; this is the nature of real-world business decision-making. Cases often offer conflicting information. They will require you to make judgment calls. This kind of ambiguity is also a feature of real-world business decisions, particularly in a field such as health which almost uniquely combines the uncertainty of the business and policy world. Finally, cases may contain statements that are inherently false.
but assumed to be true by people in the case making these statements. Here is where you really need to develop your critical thinking (i.e., ask yourself, “Is that really true?”).

There is no explicit preparation task to do as you read the conceptual readings from the textbook or articles, but it is a good idea always to be asking yourself, “Do I believe this argument? Where else does it apply? When would this approach not be useful?”

If for some reason you are not prepared for class, I expect you to let me know before class. I know that you are juggling work, other classes and other commitments; you don’t need to give me an explanation. However, if you haven’t told me otherwise, then you have implicitly committed to be ready to contribute to the class if I should call on you. Doing this repeatedly could harm your class participation grade, however.

The aim of this course is to make you more rigorous, critical, precise, and thorough in your analysis of strategy issues in the healthcare sector. In short, to change the way you think about problems that firms face in this industry. The only way to do this is to practice it steadily throughout the quarter. You can’t learn it by “cramming” it all just before the exam. You can’t really learn anything, and you certainly can’t get better at it, by just watching from the sidelines. Practically, here are some important steps to doing this.

1. **Come to class prepared.** There is no substitute to this. If you haven’t read and thought about the material, you won’t get very much out of what is going on.

2. **Engage in class discussion.** Class time is not entertainment, and you shouldn’t expect to just sit back and listen. Engaging means both listening critically to what other people are saying, evaluating whether you think their arguments are right, and speaking up when you think they are not and/or you have something to contribute.

3. **Summarize and synthesize.** After every class session, write yourself a one-page summary of what was covered in class: what did we talk about, and what lessons were you supposed to take away. Note that the purpose of this is to do it *yourself*. Forcing yourself to summarize and synthesize this way is how you internalize and obtain ownership of the material. If you join a study group that splits this up and each does a day, you’ve missed the point; it’s not about *having* the one page write-up, it’s about *creating* it.

4. **Practice.** The only way to get good at thinking in a new way is to practice it. When you meet a strategy issue somewhere else (healthcare firms in the news), use the tools and frameworks of the course to understand it. Try to figure out what is going on and what might be interesting about them. Apply the frameworks from class to understand them better.

5. **Consider studying with a group.** Some people find it helpful to study and discuss things with a group, some don’t. You are looking for a group that discusses carefully and thoroughly, but doesn’t descend into protracted arguments. Once you’ve discussed as much
as you productively can, drop it and pick up the discussion in class rather than beating it to death.

Class Dynamics to be Observed

- **No laptop or tablet policy.** This course maintains a strict no electronics policy. This includes tablets and laptops. I came to this decision for a variety of reasons. Recent research has consistently shown that students retain less material when they take notes on a laptop. Some of this research has shown that this poor performance extends to students sitting near the electronic devices as these neighboring students are inevitably distracted by the electronics user’s “multi-tasking.” Given the negative direct effects and externalities, I (along with some other faculty at Wharton and other universities) have decided to ban all electronics. I will view any violation of this policy very seriously and it will meaningfully impact your class participation grade. Class PowerPoints will be posted on the course web site prior to class and I will also have hard copies available in the classroom.

- **Punctuality.** Class will start on time. It is distracting to your classmates for you to be climbing to your seat and settling in while they are trying to pay attention to the class. **If you are absent or late more than twice, it will begin to reduce your class participation grade and excessive absences or lateness will affect your final grade.** This also applies to having to leave class early. In the interests of equity for those who are marked absent for arriving late, you also will be marked absent if you must leave class early. In order to minimize disruption, if you must leave early please take a seat near the back door of the classroom if possible.

- **Beverages and snacks.** Out of courtesy to your classmates, please don’t bring something messy, noisy, or smelly to eat or drink in class. Use good judgment.

Sequence of Topics and Readings

**PART I**  
**INTRODUCTION TO STRATEGY**

**AUG 28**  
**IMPORTANCE OF CRITICAL THINKING**  
**WHAT PASSES FOR STRATEGY & MODERN MANAGEMENT IS OFTEN B.S.**

Readings:
Burns & Pauly. Detecting BS in Healthcare 2.0 (2019)(L)

Class discussion: What is “critical thinking”? Why is this so important?

SEP 2   LABOR DAY [NO CLASS]

SEP 4   OLDER VIEWS OF STRATEGY AND MANAGERIAL EXECUTION

Readings:
- Grant. Contemporary Strategy Analysis, Chapter 1: “Concept of Strategy”

Class Discussion: What is “strategy” according to Grant? Why is it that most strategic plans programs do not succeed, according to both Mintzberg and Beer? What’s wrong with how companies plan and implement strategy? What are the critical elements of execution?

SEP 9   INDUSTRY ANALYSIS: MICHAEL PORTER’S “5 FORCES”

Readings:
- Grant. Contemporary Strategy Analysis, Chapter 3 : “Industry Analysis”

Class Discussion: Which of Porter's “Five Forces” seems most central in his framework? What are the strengths and shortcomings of his framework? What is missing from it?

SEP 11   COMPETING ON RESOURCES & CAPABILITIES

COMPETING VALUE CHAINS

Readings:
- Grant. Contemporary Strategy Analysis, Chapter 5 : “Analyzing Resources and Capabilities”
Class Discussion: What is the resource-based view (RBV) of the firm? What is the difference between Porter’s value chain (p. 117 in Grant) and the value chain keiretsu described by Dyer? Can you think of any healthcare companies that compete like Dyer’s keiretsu?

SEP 16 SOURCES OF COMPETITIVE ADVANTAGE
GENERIC STRATEGIES BASED ON COST & DIFFERENTIATION

Readings:
- Grant. *Contemporary Strategy Analysis*, Chapter 7: “Sources and Dimensions of Competitive Advantage”
- HBS CASE: Medcath Corporation

Class Discussion: What are the major sources of competitive advantage? Do any of these apply to healthcare and, if so, to which healthcare sectors? What are the major sources of cost advantage and how do they relate to material we have already covered in class?

Case Analysis: How would you evaluate Medcath’s focused strategy? What was good about it? Why did it not seem to succeed?

PART II STRATEGY MEETS THE PECULIARITIES OF HEALTHCARE

SEP 18 COMPLEXITY OF THE HEALTHCARE VALUE CHAIN
MARKET FAILURE IN HEALTHCARE

Readings:

Class Discussion: In what ways is the healthcare industry different from other economic sectors? What do such differences mean for competitive strategy?

SEP 23 EVERYONE’S STRATEGIC GOALS:
- SOLVE THE IRON TRIANGLE
• **ACHIEVE THE TRIPLE AIM**

Readings:
- Kissick. “Somebody Has to Pay,” Chapter 1 in *Medicine’s Dilemmas* (Yale University Press, 1994) (L)

*Class Discussion:* Consider the “iron triangle” (described in the William Kissick chapter) and “triple aim” (discussed in the article by Don Berwick). Are the iron triangle and triple aim (1) consistent, (2) contradictory, or (3) just talking about entirely different things? Select one of these positions that you think is most appropriate and defend it. You should also acknowledge whether the other views have any merit.

SEP 25 **PUTTING THE TRIPLE AIM INTO ACTION : COMPETING ON VALUE**

Readings:
- **HBS CASE:** ThedaCare System Strategy**

*Class Discussion:* What is the core argument made by Porter & Lee? What are the assumptions that underly their argument?

*Case Analysis:* What are the initiatives that ThedaCare is pursuing? What impact do these initiatives seem to be having on its performance and its relationships with key constituencies? What are the major headwinds facing ThedaCare here?

PART III **RE-DRAWING THE BOUNDARIES OF HEALTHCARE FIRMS**

SEP 30 **HORIZONTAL INTEGRATION STRATEGY: OVERVIEW**

Readings:
Class Discussion: What are the main rationales for mergers & acquisitions (M&A)? Do these apply to healthcare in a straightforward manner?

OCT 2  
HORIZONTAL INTEGRATION OF PHYSICIANS: 
GROUP PRACTICES & PRIVATE EQUITY MODELS

Readings:

Class Discussion: What are the rationales for rolling up the practices of individual physicians within a given specialty? What are the advantages of single specialty (versus multi-specialty) practices?

OCT 7  
HORIZONTAL INTEGRATION OF HOSPITALS

Readings:
- HBS CASE: Cleveland Clinic Growth Strategy (2012)

Class Discussion: Is Gawande right? Can hospital chains learn from restaurant chains? What does the research evidence say about the benefits of hospital chains?
Case Analysis: You are the CEO of the Cleveland Clinic. Of the growth strategies discussed in the case (starting on p. 12), which ONE would be the most promising avenue for growth and why? What problems do you see with the other strategies?

OCT 9  
HORIZONTAL INTEGRATION OF PHARMACEUTICAL FIRMS

Readings:
- HBS CASE: Merck-Schering Plough

Class Discussion: What does the research evidence say about the benefits of M&A in "Big Pharma"? What might explain these findings?

Case Analysis: Was the SGP acquisition an attempt to resolve MRK’s problems, or simply the opportunistic purchase of an under-valued asset? If the former, what were the problems an SGP acquisition could have been expected to address? Rather than buying Schering Plough (SGP), what else could Merck (MRK) have done with the capital?

OCT 14  
VERTICAL INTEGRATION STRATEGY: OVERVIEW

Readings:
- Grant. Contemporary Strategy Analysis, Chapter 10 : “Vertical Integration and the Scope of the Firm.”

Class Discussion: What are the rationales for vertical integration? How well do these apply to healthcare providers, payers, or suppliers? Which pairings of these healthcare sectors make the most sense in vertical integration?

OCT 16  
VERTICAL INTEGRATION OF HOSPITALS & PHYSICIANS

Readings:
- Burns and Muller. “Hospital-Physician Collaboration: Landscape of
Economic Integration and Impact on Clinical Integration,” *Milbank Quarterly* 2008, 86(3) 375-434(L)
Available online at: [http://www.ncbi.nlm.nih.gov/pmc/articles/PMC2690342/](http://www.ncbi.nlm.nih.gov/pmc/articles/PMC2690342/)
- **CASE: Allina Medical Group**

*Class Discussion:* What are the benefits of vertical integration of hospitals and physicians? What specific problems do these arrangements solve? What does the research evidence suggest?

*Case Analysis:* What were the key assumptions guiding the formation of the Allina Health System? What was the supporting evidence for these assumptions? Evaluate Allina Health System’s organizational structure in terms of its ability to achieve its strategic goals. Might it be improved? What are the pluralistic interests that need to be balanced and accommodated within Allina Health System and Allina Medical Group?

**OCT 21 VERTICAL INTEGRATION OF INSURERS & PROVIDERS**

**Readings:**
- **HBS CASE: Humana, Inc**

*Class Discussion:* What do hospitals and hospital systems seek when they develop their own health plans? What problems befall them?

*Case Analysis:* What was Humana’s strategic intent? How well are Humana’s two businesses doing? Is there a problem with its vertical integration strategy?

**OCT 23 DIVERSIFICATION STRATEGY: OVERVIEW**

**Readings:**
- Grant. *Contemporary Strategy Analysis,* Chapter 12 : “Diversification Strategy”
Class Discussion: What are the rationales for diversification? What are the different ways that firms can diversify?

OCT 28 DIVERSIFICATION IN HEALTH CARE: INSURANCE LINES OF BUSINESS

Readings:
- HBS CASE: CareMore Health System

Class Discussion: What are the major hurdles for insurers who try to diversify into new lines of business (i.e., for Oscar as they move from the individual market into Medicare Advantage? For CareMore as they move from Medicare Advantage into Medicaid?)

OCT 30 DIVERSIFICATION IN HEALTHCARE: CUSTOMER FOCUS

CVS-AETNA MERGER

Readings:
- “CVS Outlines Strategy to Accelerate Growth”(L)
- CVS. Creating Value by Transforming the Consumer Health Experience. CVS Investor Day (June 4, 2019)(L)
- HBS Case: Aetna and the Transformation of Health Care

Class Discussion: What is Aetna’s strategy? In what way is it trying to transform health care?

Case Analysis: How easy will it be for CVS-Aetna to develop a customer focus? Can they really transform the consumer’s experience?

NOV 4 STRATEGIC ALLIANCES IN HEALTHCARE: ACCOUNTABLE CARE ORGANIZATIONS (ACOs)

Readings:
Class discussion: How easy will it be for Accountable Care Organizations to foster productive working alliances among different types of care providers? What governance mechanisms do they use to resolve conflicts among the parties? What is their track record to date?

Nov 6  STRATEGIC ALLIANCES IN HEALTHCARE: LIFE SCIENCE FIRMS & AI
Guest speaker: David Gluckman, M.D., Lazard

Readings:

Nov 11  STRATEGIC ALLIANCES: HOSPITALS & MEDTECH FIRMS

Readings:
- HBS Case: Medtronic: Navigating a Shifting Healthcare Landscape**

Class Discussion: What are the benefits and drawbacks of using a single vendor versus a “best of breed” approach?

Case Analysis: How easy will it be for Medtronic to develop value-based contracts with its provider customers? What will be the barriers?

Nov 13  DISRUPTIVE INNOVATION STRATEGY: OVERVIEW

Readings:
- Clayton Christensen et al. How Disruptive Innovation Can Finally Revolutionize Healthcare (2017)(L)

Class discussion: How well does Christensen’s theory apply (or not apply) to healthcare? Can you think of any managerial or payment innovations that have disrupted healthcare?
NOV 18  DISRUPTION: DIRECT CONTRACTING

Readings:
• Kevin Truong “Are Worksite Clinics an Old-School Solution to Employers’ Current Cost Problems?” MedCity News (April 2, 2019) (L)
  Available online at: https://medcitynews.com/2019/04/are-worksite-clinics-an-old-school-solution-to-employers-current-cost-problems/.
• HBS Case: Pitney Bowes – Employer Health Strategy**

Class Discussion: Does it make sense for employers to offer on-site clinics?

Case Analysis: Why does Pitney-Bowes care about healthcare? What approach does it take to providing health insurance to its workers and management of its health plans? What challenges does it face?

NOV 20  DISRUPTION: GOOGLE, AMAZON, ETC.
AMAZON – BERKSHIRE HATHAWAY – JP MORGAN CHASE (ABC)

Readings:
• McGrane. “Can Amazon Fix Healthcare? Experts Offer a Dose of Reality…” GeekWire (L)
• Stat. How Health Tech is Redefining the Future of Biopharma and Care Delivery. (2019)(L)

Class Discussion: What does Amazon offer as a solution to the problems in healthcare we have come across during the class? What is so disruptive and unnerving about its entrance into the industry? What does ABC’s strategy look like?

NOV 25  CLASS PRESENTATIONS
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<tr>
<th>Date</th>
<th>Event</th>
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<tr>
<td>Nov 27</td>
<td>NO CLASS</td>
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<td>CLASS PRESENTATIONS</td>
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